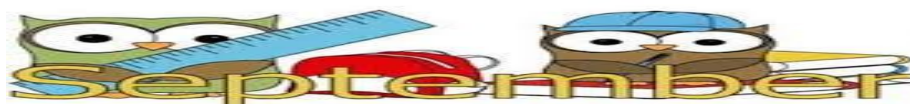





*Healthy tip of the Month:

Here are a few back to school tips to reduce stress and have a fantastic school year. Get enough sleep. Eat a healthy breakfast. Try your best. Use good work habits, like writing down your assignments and turning in your homework on time. Take your time with school work. If you don't understand something, ask someone. Keep a sense of humor.

Oasis Campus & Christa McAuliffe - Breakfast Menu – September 2018

			Mon	Tue	Wed	Thu	Fri	Sat		
Additional Purchase Milk .75										
Breakfast is served Monday-Friday			2	B	3	4	5	6	7	8
CME 7:45am-8:15am				Muffin Yogurt Peaches Apple Juice	Sausage, Egg Burrito Pineapple Apple Juice	Cereal Yogurt Orange Grape Juice	Cinnamon Roll Sausage Orange Apple Juice			
OES 8:00am-8:15am	9	D	10	11	12	13	14	15		
Middle School 7:10am-7:35am				Cereal Yogurt Pineapple Apple Juice	Cinnamon Bagel Orange Apple Juice Cream Cheese	Frittata Hash brown Pineapple Apple Juice	Pancake Wrap Orange Apple Juice Syrup			
High School 6:40am-7:00am	16	E	17	18	19	20	21	22		
Start your day with a healthy breakfast.			Chocolate Muffin Yogurt Peaches Apple Juice	French Toast Sausage Pineapple Apple Juice syrup	Bagel Orange Apple Juice Cream Cheese	Scramble Egg Sausage Hash brown Orange Apple Juice	Cereal Yogurt Pineapple Apple Juice			
	23	H	24	25	26	27	28	29		
			Muffin Yogurt Peaches Apple Juice	Cinnamon Roll Sausage Pineapple Apple Juice	Egg & Cheese Slider Orange Apple Juice	Cereal Yogurt Peaches Apple Juice	Pancake Wrap Peaches Apple Juice Syrup			

*Available online to make payments or check account balances: myschoolbucks.com

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